



sun. spa. serenity.

A close-up, slightly blurred photograph of a lavender field. The image shows several vertical stems of lavender plants with small, light purple flowers. The background is a soft, out-of-focus expanse of more lavender plants, creating a sense of depth and a peaceful, natural atmosphere. The lighting is soft and even, highlighting the delicate texture of the flowers.

wellness

MASSAGE

Tailor Made Our skilled therapist will customize your massage according to your individual needs to promote circulation and sooth sore muscles. **50-80 minutes**

Rain Essential oils are dropped like rain along the spine to boost immunity, reduce mental fatigue and calm the nervous system. This relaxing, full body massage includes a warm compress to enhance the effects of the pure essential oils. **50 minutes**

Mother to Be Full body massage designed to reduce swelling and melt away tension with the addition of a Belly Butter Enhancement. A soothing infusion of shea butter and coconut oil, featuring firming paracress plant extract. **50 minutes**

Hot Stone Smooth basalt stones will be strategically placed along key points while others glide across the body melting away tension and allowing positive energy to flow through. You will feel the utmost profound state of relaxation from this massage. **75 minutes**

Himalayan Salt Stone Mineral Warm salt crystal stones are used to ground and balance the body's electromagnetic field, central nervous system meridians. Salt crystals from an ancient primal sea beneath the Himalayan Mountains are hand carved into massage stones that gently soothe away an accumulation of stress, tension, and pollutants, bringing the mind, body, and spirit into balance. Perfect for combatting Jet lag, to re-set your energy and to encourage a bit of digital detox. **80 minutes**

Table Thai Yoga THE WELL's version of Thai massage adapted to the table. A series of gentle stretches and compressions releases the tension in tight joints, increases range of motion and enhances flexibility, allowing you to feel centered and energized. This experience is performed in light, comfortable clothing. **80 minutes**

Couples Share relaxation with a close friend, family member or significant other, while two therapists perform simultaneous Tailor Made massages. **50-80 minutes**

Body Canvas Party Have a painting party with a palette of therapeutic and colorful muds on the body and laughter for the soul. Concludes with a 50 minute Couples Massage. **80 minutes**

MASSAGE ENHANCEMENTS

Add In

Shea Butter Enhancement To Massage

Hot Oil Scalp Treatment

Hot Stones (Back Only)

Hydrating Facial Mask

Aromatherapy (Lavender Or Peppermint)

Add on 10 minutes

Scalp Massage

Foot Massage

Anti-Aging Hand + Foot Treatment



beauty

FACIALS

Classic Customized to address every skin type, this facial will reset and restore dull, dehydrated skin. Using a combination of purifying clays and calming peptides leaving the skin refreshed and balanced. **50 minutes**

Vitamin C Watch your youthful skin return with a facial treatment that incorporates Vitamin C with powerful antioxidants that protects the skin from free radicals, brightens uneven skin tone and dark spots, smooths and firms the skin for a more luminous complexion. **50 minutes**

Purifying This deep cleansing facial visibly improves the overall appearance of overactive skin by addressing breakouts and oiliness. Designed for both teens and adults, this beneficial facial helps reduce the appearance of redness and inflammation, thus preventing and diminishing skin congestion. **50 minutes**

Balance & Brightening This brightening treatment will help address pigmentation concerns without the use of harsh chemicals by combining proven natural brighteners with gentle exfoliation. A potent dose of antioxidants helps to protect the skin while a targeted treatment serum jumpstarts a more even complexion. Your skin is immediately illuminated, moist and smooth. **50 minutes**

Age Reversal Turn back the clock with a boost to your skins natural ability to defend its self while stimulating collagen and elasticity. NuFace micro-current is used to tone the face while exclusive growth factor technology is delivered to the skin to instantly restore youthful tone and minimize the appearance of lines and imperfections. **80 minutes**

Intensive This facial offers a deeper exfoliation with powerful peels for advance resurfacing and to cultivate high intensity results while targeting fine lines, wrinkles and rough textured skin. Skin is left feeling smoother, fresh, brighter and youthful. **80 minutes**

The Back This unique treatment targets the back to enhance deep relaxation and stress reduction. This treatment will detox, cleanse and resurface your skin to provide an instant vibrant glow. **50 minutes**

FACIAL ENHANCEMENTS

Add in

Peel

Hot Oil Scalp treatment

Collagen Mask

Lip Treatment

Add on (10 minutes)

Anti-aging Hand treatment

Eye Rejuvenation

NuFace micro-current

WAXING

Brow

Lip

Chin

Half Leg

Full Leg

Underarms

Half Arm

Full Arm

Full Back

Face

BODY TREATMENTS

Purifying Body Wrap This body wrap begins with a gentle exfoliation to improve the look and texture of your skin. Enzymes will increase micro-circulation to and promote a healthy cell turnover. Followed by a clay mask to draw out impurities without removing natural oils. Lastly, a body crème leaves your skin deeply hydrated and velvety soft.

50 minutes

Nourishing Body Wrap This deeply detoxifying body wrap helps to decongest skin while relieving muscular tension. Skin is exfoliated, wrapped with a mask formulated with soothing rose clay, then hydrated with a stimulating balm that seals-in moisture.

50 minutes

Anti-aging Body Treatment Dry, flaky, dull skin is buffed then prepped with a serum that helps smooth, tighten and even skin tone. Followed by a brightening and antioxidant mask that combines peptides, botanicals, enzymes and natural skin brighteners for a soft, even and glowing skin.

80 minutes

Rejuvenating Body Scrub Treat your body to the benefits of an invigoration active body scrub with nutrient-rich moisture-binding peptides that will lock-in moisture and improve hydration and smoothness.

50 minutes

Rise & Shine Scrub Inspired by our lemon trees this custom lemon blend will uplift your spirits while restoring the luster of dull skin. A citrus blend, shea butter and sugar granules gently buff away dead skin cells leaving your body perfectly polished and hydrated.

50 minutes

NAIL SERVICES

Classic Manicure A nourishing shea butter that promotes healthy nails and hands. Enjoy this ultra-hydrating delight that begins with a muscle-soothing Epsom salt soak, followed by a smoothing and hydrating shea butter scrub. Relax as your hands and cuticles are massaged with organic shea butter and Vitamin E oil in your personalized aroma.

25 minutes

Classic Pedicure A nourishing shea butter that promotes healthy nails and feet. Enjoy this ultra-hydrating delight that begins with a muscle-soothing Epsom salt soak, followed by a smoothing and hydrating shea butter scrub. Relax as your feet and cuticles are massaged with organic shea butter and Vitamin E Oil in your personalized aroma.

45 minutes

Luxurious Manicure Our luxurious manicure is designed to nourish, hydrate and tone hands and nails. This luxurious treatment offers a customized experience with your choice of softly scented aromatic oil. Glowing skin will be revealed with our exfoliating salt/sugar scrub. The warmth of our ultra-hydrating shea butter mask coupled with a shea enriched soothing massage are just a few of the reasons this treatment is a favorite! Complete nail care, buff and/or polish is always included.

45 minutes

Luxurious Pedicure Our luxurious pedicure was created to ensure total relaxation and deep hydration. Customized with your choice of softly scented aromatic oil, this luxurious treatment begins with a comforting foot soak of epsom sea salts and moisturizing bath wash. Rejuvenated, glowing skin emerges as calves and feet are exfoliated with a hydrating salt/sugar scrub. You will receive an ultra-hydrating shea butter mask along with a soothing massage. Complete nail care, buff and/or polish is always included.

60 minutes

Gel Manicure Enjoy a classic manicure with your favorite color of gel polish. A gel manicure will last for a solid two weeks without chipping and has no additional dry time.

60 minutes

NAIL SERVICE ENHANCEMENTS

French Tip

Gel Removal

**Anti-Aging Treatment for
Hands or Feet**

relax & unwind



Call 760.837.1652 to reserve
your next spa service today

45000 INDIAN WELLS LANE
INDIAN WELLS, CA 92210
MIRAMONTERESORT.COM
#MIRAMONTEMOMENTS

